

Life From The Word

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SMALL GROUP DISCUSSION GUIDE

Based on the teaching by Pastor Mirek Hufton

1. SERMON RECAP

In this message, I walked us through four practical steps from Proverbs 4:20-23 on how to receive from God through His Word -- paying attention, inclining our ears, focusing our eyes, and hiding the Word deep in our hearts. I emphasized that the Word of God is not just a good book or helpful advice, but a living, breathing, spiritually powerful seed that, once planted in your spirit, produces real and lasting change. When we treat the Word with the seriousness and focus it deserves, it brings life and healing to every area of our lives.

2. KEY SCRIPTURE

Proverbs 4:20-22 (NKJV)

"My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your eyes; keep them in the midst of your heart; for they are life to those who find them, and health to all their flesh."

3. ICE BREAKER

Think back to a time when someone gave you advice that genuinely changed how you thought or acted -- maybe a parent, a teacher, a coach, or a friend. What made you actually listen to them that time?

4. DISCUSSION QUESTIONS

Question 1 -- Paying Attention

I talked about how we've slowly lost deep respect for the Bible in our culture, and even in many churches. Honestly, on a day-to-day basis, what tends to compete most with the Word for your attention -- and why do you think that is?

Question 2 -- Inclining Your Ear

James 1:22 says to "receive with meekness the implanted word." I described inclining your ear as an act of genuine humility -- coming to God saying, "You know more than I do." Where in your life right now is that

hardest for you? Is there an area where you find yourself wanting to argue with what God's Word says rather than submit to it?

Question 3 -- Focusing Your Eyes

In Matthew 6:22, Jesus says that if your eye is single -- fully focused -- your whole body will be full of light. I used the image of a driver who keeps drifting toward whatever they stare at. What "billboards" in your daily life -- social media, news, worry, comparison -- tend to pull your gaze away from God's Word? How does that drift show up practically in your thoughts or decisions?

Question 4 -- The Word as a Living Seed

I referenced 1 Peter 1:23, which says we were born again through incorruptible, indestructible seed -- the living Word of God. Has there been a moment in your life when a specific scripture moved from being just information in your head to something living and real in your spirit? What was that like, and what made the difference?

Question 5 -- Getting the Word Into Your Heart

I drew a distinction between knowing the Word mentally and having it become a genuine conviction in your spirit. Why do you think that gap exists, and what practical habits have helped you -- or could help you -- move the Word from your head into your heart?

Question 6 -- The Fruit It Produces

Proverbs 4:22 promises that the Word brings "life and health to all your flesh." I want to ask the group honestly: In the areas of your life where things feel stuck, broken, or discouraged right now -- how much of the Word are you actually sowing into those specific areas? What might change if you deliberately and consistently brought Scripture to bear on exactly those situations?

5. APPLICATION CHALLENGE

This week, choose one specific area of your life where you are currently facing a challenge -- whether it's a relationship, a health concern, a financial stress, or a persistent struggle with fear or doubt. Spend ten minutes each day finding and reading scriptures that speak directly to that area. Write them down in a journal or on your phone. At the end of the week, come back to your group and share one thing the Word revealed or shifted in you -- even if it's small. Don't wait until you feel like it; do it on purpose, just as I described.

6. PRAYER POINTS

- Pray for hunger -- Ask God to give each person in your group a genuine, growing appetite for His Word that goes beyond obligation and becomes a deep desire of their heart.
- Pray for revelation -- Ask the Holy Spirit to move the Word from the level of information into each person's spirit, bringing real, life-changing revelation in the areas where they need it most right now.
- Pray for focus -- Ask God to help your group identify and remove the specific distractions that most

consistently pull their attention away from the Word, and to replace those habits with ones that bring them closer to Him.

7. MEMORY VERSE

Hebrews 4:12 (NKJV)

"For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart."

Leader's Note: Don't feel pressured to get through every question. Let the conversation breathe. If your group gets deeply into one or two questions and genuine sharing begins to happen, stay there. That's the Holy Spirit at work -- and that's exactly the point.