

The Covenant That Cannot Be Broken

SMALL GROUP DISCUSSION GUIDE

"Processing..." -- Pastor Mirek Hufton

1. SERMON RECAP

In this message, I walked us through the profound truth that healing is not a maybe -- it is a covenant right, sealed by the blood of Jesus Christ. I traced the covenant God cut with Abraham all the way through to the new covenant we celebrate at the Lord's Table, showing how the blood ratified in both the old and new covenants guarantees our healing, forgiveness, and blessing. The more deeply we understand and receive this covenant into our spirits, the greater our faith rises to actually walk in what God has already provided.

2. KEY SCRIPTURES

Galatians 3:13

"Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, 'Cursed is everyone who hangs on a tree'), that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith."

Romans 4:17

"...as it is written, 'I have made you a father of many nations' in the presence of Him whom he believed -- God, who gives life to the dead and calls those things which do not exist as though they did."

Exodus 15:26

"...'If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you.'"

3. ICE BREAKER

Share with the group: Think of a time when a promise someone made to you actually came through -- maybe an unexpected one. How did it feel to realise that promise was real and wasn't going to be broken?

4. DISCUSSION QUESTIONS

1. Pastor Mirek described a covenant as more than a contract -- it means "to cut," with blood flowing, creating an unbreakable bond.

What's the difference in your mind between a contract and a covenant? How does understanding healing as a covenant right rather than just a prayer request change the way you approach God for it?

2. In Genesis 15, God walked through the sacrificial pieces himself, essentially binding himself to the covenant with Abraham.

What does it say to you about God's character that He was the one who initiated and bound himself to this covenant? Does that change how confident you feel approaching Him with your needs?

3. Pastor Mirek was honest that Abraham's faith was shaky for a long time before Romans 4:17 describes him "calling those things which do not exist as though they did."

Have you ever found yourself relating more to the early Abraham -- a little wobbly, a little doubtful -- rather than the faith-giant version? What helped you (or could help you) move forward even when your faith felt unsteady?

4. I shared from Isaiah 53:4-5 that Jesus carried both our *sins* and our *sicknesses* on the cross, and that sin and sickness are connected.

Without getting into condemnation, how do you think about the relationship between our spiritual state -- things like stress, anxiety, unforgiveness -- and our physical wellbeing? Has there ever been a moment where you noticed that connection in your own life?

5. Pastor Mirek made a strong point: "The more you know about the blood, the greater your faith will be in the blood." He said that knowledge of the Word is what fuels faith.

On a practical level, how saturated in healing scriptures would you say your daily life currently is? What's one honest barrier that keeps you from getting more of the Word into your spirit?

6. When we take Communion, Pastor Mirek described it as *ratifying the covenant* -- actively saying "I believe this is real and true for me."

How has your understanding of Communion shifted (or been confirmed) by this message? What would it look like for you to approach the Lord's Table differently from now on?

5. APPLICATION CHALLENGE

This week, choose one healing scripture from the sermon -- it could be Exodus 15:26, Isaiah 53:4-5, Psalm 103:2-3, or Galatians 3:13 -- and write it on a card or set it as a phone reminder. Speak it out loud at least

once every morning and once every evening for the next seven days. Don't just read it -- say it as a personal declaration: "Surely He bore my sickness. By His stripes, I am healed." Notice what shifts in your thinking and your spirit by the end of the week and come back ready to share.

6. PRAYER POINTS

- For revelation, not just information -- pray that the truth of the covenant moves from head knowledge down into each group member's heart and spirit, becoming genuinely alive to them.
 - For those in the group currently fighting sickness or disease -- pray with boldness and specificity, declaring healing as a covenant right, resisting fear, and standing together in agreement for breakthrough.
 - For our church community's hunger for the Word -- pray that God increases our corporate appetite to sit under teaching, to water our spirits consistently, and to create atmospheres where the gifts of healing can flow freely.
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7. MEMORY VERSE

Exodus 15:26b

"For I am the LORD who heals you."

Leader's Note: Don't rush past the discussion questions to get to the "answers" -- there aren't always tidy ones. Your job is to hold space for honest, searching conversation. If someone shares doubt or struggle, that's exactly where the good stuff happens. Lean in, not away.