

How to Receive Guidance from God, Part 1

Small Group Discussion Guide

"HOW TO RECEIVE GUIDANCE FROM GOD, PART 1"

Based on the teaching by Pastor Mirek Hufton

1. SERMON RECAP

In this message, I walked us through the foundational truth that God genuinely wants to guide every one of us -- not just in the big, life-defining moments, but in the countless daily decisions we face as well. I broke guidance down into three categories: our eternal destiny and calling, major life decisions, and the everyday choices that come at us like machine-gun fire. The key breakthrough I want us to carry this week is this: God guides us through His Word and through our spirit -- not through our minds, our emotions, or our five senses -- and we can develop our ability to hear Him more clearly.

2. KEY SCRIPTURE

Romans 8:14-16 (NKJV)

"For as many as are led by the Spirit of God, these are sons of God. For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father.' The Spirit Himself bears witness with our spirit that we are children of God."

3. ICE BREAKER

Think of a time you followed your GPS and it led you somewhere completely wrong -- or a time you ignored it and wished you hadn't. What happened?

(Give everyone a chance to laugh and share before moving into the discussion.)

4. DISCUSSION QUESTIONS

Question 1 -- Opening Up the Topic

I described three categories of guidance: your eternal calling, major life decisions, and everyday choices. Which of those three do you personally find the hardest to trust God with, and why do you think that is?

Question 2 -- Digging into the Word

Read Joshua 1:8 together:

"This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success."

God connected meditating on His Word directly to prosperity and success. What does meditating on Scripture actually look like in a practical, everyday life -- not just reading it quickly and moving on?

Question 3 -- Honest Reflection

I said something a little uncomfortable in this message: that we sometimes dress up our emotions or our unwillingness with spiritual language -- saying things like "I just don't feel led" when really we're avoiding something. Without naming anyone else, have you ever caught yourself doing that? What was going on underneath it?

Question 4 -- Spirit vs. Soul

Read Hebrews 4:12 together:

"For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit..."

I made the point that your spirit senses while your emotions feel, and they can feel very similar from the inside. How do you personally try to tell the difference between a leading from God's Spirit and a strong feeling from your own emotions? What has helped you -- or what has tripped you up?

Question 5 -- The Sheep Need a Shepherd

Read Isaiah 53:6 together:

"All we like sheep have gone astray; we have turned, every one, to his own way..."

I used a pretty funny story about 300 sheep all turning the wrong direction together. In what ways do you see people -- or yourself -- following the crowd instead of following the Shepherd? What makes it so easy to drift that direction?

Question 6 -- Moving Forward

I said that developing your spirit is a lifetime endeavor -- you never fully arrive, but you keep getting better. What is one area of your spiritual life right now where you sense God is inviting you to grow in how you listen to and follow Him? What would taking even a small step look like?

5. APPLICATION CHALLENGE

This week, try a "spirit-first" pause.

Pick one decision you know is coming up this week -- big or small. Before you analyze it, search Google, or ask everyone's opinion, stop and spend at least five quiet minutes in prayer, intentionally setting your mind aside and simply asking, "Lord, what does my spirit sense about this?" Write down whatever impression comes -- even if it feels small or uncertain. At your next group meeting, be ready to share what happened.

6. PRAYER POINTS

Close your time together by praying over these three specific areas:

1. For open, teachable hearts -- Ask God to help each person in your group become genuinely more spirit-conscious this week, willing to let His Word and His Spirit lead rather than leaning only on human logic or feelings.
 2. For anyone facing a major decision right now -- Without needing details, invite group members to silently hold before God any significant crossroads they are standing at -- a job, a relationship, a move, a calling -- and ask for clarity and peace.
 3. For growing hunger for the Word and prayer -- Ask God to stir a fresh appetite in each person for feeding their spirit through Scripture and prayer, especially praying in the Spirit, so that their spiritual "guidance system" grows stronger every day.
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7. MEMORY VERSE

Romans 8:14 (NKJV)

"For as many as are led by the Spirit of God, these are sons of God."

Write it on a sticky note. Put it somewhere you will see it every single day this week.

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