

How to Receive Guidance from God, Part 1

DAY:

Monday

TITLE:

God Wants to Lead You

KEY VERSE:

Romans 8:14 -- "For as many as are led by the Spirit of God, these are sons of God."

REFLECTION:

I want you to hear this straight from my heart today -- God actually wants to guide your life. Not because you've earned it, not because you're spiritually impressive, but simply because He loves you. He's the Good Shepherd, and you are His sheep. I know that comparison doesn't always flatter us, but honestly? Sheep need a shepherd, and so do we. I've watched people -- myself included -- push forward on our own strength, certain we had it figured out, only to end up somewhere we never intended. God isn't withholding direction from you. He's offering it. The question is whether we're willing to stop long enough to receive it. Today, I want to challenge you to simply acknowledge that you need His guidance. That's where it begins -- not with having all the answers, but with trusting the One who does.

PRAYER:

Father, I admit I don't always know the way forward, and I thank You that You do. Help me today to stop trusting only my own understanding and start leaning into Your leadership. You are my Good Shepherd, and I choose to follow You.

DAILY ACTION:

Write down one area of your life where you've been relying solely on your own thinking -- and consciously hand it over to God in prayer today.

DAY:

Tuesday

TITLE:

Your GPS Is the Word

KEY VERSE:

Joshua 1:8 -- "This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success."

REFLECTION:

I love this verse because God doesn't leave success vague -- He tells us exactly how to get there. Meditate on the Word. Speak the Word. Do the Word. That's the formula, and it's not complicated, but it does require commitment. I think about those old road trips with highlighters and paper maps, hoping you didn't miss a turn. The Word of God is better than any GPS -- it never loses signal, never recalculates you into a swamp in South Alabama, and never arrives at the wrong destination. But here's the thing -- it only works when you

actually use it. A GPS sitting in your glove compartment won't get you anywhere. You've got to open the Word, feed on it, let it get inside you. That's how your spirit gets programmed for God's direction.

PRAYER:

Lord, I want Your Word to be the first thing that shapes my thinking each day, not the news or my feelings. Help me to meditate on scripture and let it truly guide my steps. I trust that Your Word leads to real success.

DAILY ACTION:

Choose one scripture -- even just Joshua 1:8 -- and read it slowly three times today, letting each word settle in your heart before moving on.

DAY:

Wednesday

TITLE:

Spirit First, Feelings Second

KEY VERSE:

Hebrews 4:12 -- "For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart."

REFLECTION:

This is one of the most important things I can teach you, and I want you to really hear it -- God never said He would lead you by your emotions. He leads you by your spirit. Your emotions are real, and they matter, but they make terrible navigators. I've watched people leave churches, walk away from callings, and even walk down wedding aisles against what their spirit was clearly saying -- all because their emotions were louder in that moment. Your spirit senses; your emotions feel. They're close neighbors, which is exactly why this verse is so powerful. The Word of God is the only thing sharp enough to divide them apart so you can tell the difference. When you're facing a big decision and everything feels right but something inside is unsettled -- pay attention to that something. That's often your spirit speaking.

PRAYER:

Holy Spirit, teach me to know the difference between what I feel and what my spirit is actually sensing from You. Help me not to label my emotions as Your voice when they aren't. I want to be truly spirit-led, not just emotionally driven.

DAILY ACTION:

The next time you feel a strong emotion about a decision today -- pause, take a breath, and quietly ask, "Is this my feelings, or is this my spirit?" Just practice that awareness once.

DAY:

Thursday

TITLE:

Stop Going Astray on Your Own

KEY VERSE:

Isaiah 53:6 -- "All we like sheep have gone astray; we have turned, every one, to his own way; and the Lord has laid on Him the iniquity of us all."

REFLECTION:

I'll be honest with you -- I've created some of my own storms. Not because the devil attacked me, but because I turned my own way when God had a better direction. Isaiah nailed it: every one of us has that pull toward our own way. We want what we want, when we want it, and we can dress it up spiritually if we're not careful. The good news in this verse, though, is that Jesus carried the full weight of our wrong turns. He's not angry at your detours -- He's already redeemed them. But I don't want you living on detours your whole life when the main road is available. The broad path requires no guidance at all -- anyone can drift. It takes something alive on the inside, a real relationship with God, to walk the narrow road with confidence. That road leads somewhere worth going.

PRAYER:

Father, forgive me for the times I've gone my own way and called it guidance. Thank You that Jesus redeems every wrong turn. Help me today to genuinely choose Your way over mine, even when mine feels easier or more comfortable.

DAILY ACTION:

Think of one recent decision where you went your own way without consulting God. Spend two minutes in honest conversation with Him about it -- no formality, just honesty.

DAY:

Friday

TITLE:

Feed What You Want to Follow

KEY VERSE:

John 6:63 -- "It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life."

REFLECTION:

Whatever you feed grows strongest, and whatever you starve grows weakest. That's true in every area of life, and it's absolutely true in the spirit. I've said it many times -- if you stop feeding the Word of God into your spirit, the batteries run down. When the batteries run down, you shift into body mode, emotion mode, circumstance mode. And suddenly you're making major life decisions based on how Monday morning feels, and that's a dangerous place to be. Jesus said His words are spirit and life -- not information, not religious knowledge, but actual living fuel for your inner man. Combined with praying in the Holy Spirit, feeding on the Word consistently is how you keep your guidance system sharp and sensitive. This is a lifetime investment, and you'll never regret a single moment you spent on it. Start this weekend -- just feed your spirit, and watch what grows.

PRAYER:

Jesus, Your words are spirit and life, and I want them living richly inside me. Help me to be consistent in feeding my spirit this week, not just when I feel like it, but as a daily discipline. I want to be led well, starting

from the inside out.

DAILY ACTION:

Set a specific time this weekend -- even fifteen minutes -- to read scripture and pray, and put it in your phone as a recurring reminder for next week too.