

Godliness is Profitable Pt. 2

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A SMALL GROUP DISCUSSION GUIDE | PASTOR MIREK HUFTON

1. SERMON RECAP

In this message, I continued our series on the profound truth that godliness pays real dividends in every area of life. Drawing from 1 Timothy 4, Psalm 103, and Psalm 91, I made the case that living a God-focused life is not a burden but a protection -- for your mind, your marriage, your family, and your future. The bottom line is this: sin is simply too expensive, and godliness is your greatest armor.

2. KEY SCRIPTURE

1 Timothy 4:8 (NKJV)

"For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come."

3. ICE BREAKER

Share with the group: What is one habit or discipline -- spiritual or physical -- that was hard to start but ended up being really worth it?

4. DISCUSSION QUESTIONS

1. I talked about how the word "exercise" in 1 Timothy 4:7 is the root word for gymnasium -- it means to train. What does it look like practically to train yourself toward godliness, the same way someone trains for a sport or a fitness goal? What makes it hard to stay consistent?
2. I mentioned that a godly life brings divine protection -- for your mind, your marriage, and your home -- and that worry, for example, can open the door to spiritual oppression. Do you agree that the way we live affects our spiritual vulnerability? Where have you seen that play out, positively or negatively?
3. I shared from 1 Peter 3 about how a godly life can quietly influence -- even win over -- a spouse or family member who doesn't share your faith. Who in your life is watching how you live, whether you realize it or not? How does that awareness change anything for you?

4. I confessed some of my own "double life" moments before I fully surrendered -- being a Christian by day and a troublemaker by night. Can you think of an area where you still tend to compartmentalize your faith -- where the "Sunday version" and the "Tuesday version" of yourself look pretty different?

5. I said, "Sin is too expensive -- it'll cost your faith, your peace of mind, and it'll allow the enemy a foothold." Do you think most Christians genuinely weigh the long-term cost of compromise, or do we tend to underestimate it? What helps you stay clear-eyed about that cost?

6. Psalm 91 promises incredible protection for those who dwell in the secret place -- a life of real intimacy with God, not just religious routine. What does your personal time with God actually look like right now? What's one honest obstacle that keeps it from going deeper?

5. APPLICATION CHALLENGE

This week, choose one specific area where you've been giving yourself a pass -- a habit, a thought pattern, a relationship dynamic, or a media intake -- that you know quietly works against your godliness. Don't just identify it; take one concrete step to address it. That might mean deleting an app, having an honest conversation, setting a new boundary, or spending 15 minutes a day this week alone with God without music or noise, simply listening. Come back next week ready to share what you did and what happened.

6. PRAYER POINTS

1. For genuine godliness -- Pray that each person in your group would move beyond religious routine into a life that is truly God-focused and God-pleasing, experiencing the real dividends that godliness produces.

2. For protection over marriages and families -- Pray specifically for households represented in the group where a spouse or child is not yet walking with God, that the godly example being lived out would bear fruit in due season.

3. For courage to cut off compromise -- Pray for boldness to deal decisively with whatever each person identified in the application challenge -- that the Holy Spirit would give clarity, strength, and follow-through this week.

7. MEMORY VERSE

Psalm 91:1 (NKJV)

"He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty."

Leader tip: Don't feel pressure to get through every question. Pick the two or three that best fit where your group is, and let the conversation breathe. The goal is honest, life-changing discussion -- not covering the material.