

Our Security is Found in Christ

Small Group Discussion Guide

"OUR SECURITY IS FOUND IN CHRIST"

A sermon by Pastor Mirek Hufton

1. SERMON RECAP

Pastor Mirek wrapped up his series on healing insecurities by challenging us to honestly name and face the insecure places in our lives -- rather than pretending they aren't there. He pointed to Jesus as the ultimate example of a secure person, and showed us that true security comes not from our circumstances or what others think of us, but from having the mind of Christ. When we're rooted in who we are in Him, we can live outward-focused lives, speak words of faith, and walk free from the fear, self-centeredness, and unforgiveness that insecurity breeds.

2. KEY SCRIPTURE

Galatians 2:20 (NKJV)

"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."

3. ICE BREAKER

Start here to warm things up -- there are no wrong answers!

> What's one thing that made you feel really confident or secure as a kid -- and do you still have that thing today?

4. DISCUSSION QUESTIONS

1. Pastor Mirek said, "The biggest challenge in the body of Christ is to get people to admit their insecurities and face them." Why do you think it's so hard for people -- especially Christians -- to admit they struggle with insecurity? What makes it easier or harder to be honest about it?

2. He listed some symptoms of insecurity: being domineering, needing constant recognition, being overly sensitive, or having trouble being teachable. Without pointing fingers at anyone else -- which of those hits

closest to home for you, and why do you think that is?

3. Philippians 2:5 tells us to have the mind of Christ. Pastor Mirek described Jesus as someone who was always at peace, treated everyone the same, and never got rattled. **What do you think it actually looks like -- in a normal Tuesday of your life -- to think the way Jesus thought?**

4. Pastor Mirek made a strong connection between insecurity and unforgiveness. He said insecure people hold grudges longest because they're afraid of being taken advantage of. **Do you agree with that connection? Have you ever seen that play out in your own life or relationships?**

5. He talked about the power of what we speak -- that we can "hose the devil off our life" by declaring what God says about us, rather than letting the flesh lead our words. **How does what you say to yourself and others on a daily basis reflect either faith or fear? What's one area where you need to change your words?**

6. Galatians 2:20 says it's no longer "I" who live, but Christ who lives in me. Pastor Mirek connected this to moving from a self-centered life to an others-focused one. **What's the most practical way you've found -- or could imagine -- to genuinely shift your focus off yourself and onto others?**

5. APPLICATION CHALLENGE

One specific thing to do before your group meets again:

This week, choose one area where you know insecurity is showing up in your life -- maybe it's fear of what people think, trouble forgiving someone, or a habit of negative self-talk. Write it down and name it out loud (even if just to yourself or to God). Then find one scripture that speaks the opposite truth, write it somewhere you'll see it daily, and say it out loud at least once every morning. Come back next week ready to share what happened when you started speaking the word over that weak spot.

6. PRAYER POINTS

Close your time together by praying specifically over these three things:

1. Honesty and courage -- Ask God to give each person in your group the courage to face their insecurities honestly, without minimizing them or hiding behind excuses.
 2. The mind of Christ -- Pray that God renews each person's thinking this week, replacing fear-driven thoughts with the peace and stability that come from being spiritually minded. (Romans 8:6)
 3. Forgiveness -- Pray for anyone carrying a grudge or struggling to forgive themselves. Ask God to bring freedom and healing where bitterness has taken root.
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7. MEMORY VERSE

Philippians 2:5 (NKJV)

"Let this mind be in you which was also in Christ Jesus."

Thank you for leading this group! You're doing something that matters.