

Hear the Word and Be Healed

Small Group Discussion Guide

"Hear the Word and Be Healed"

BASED ON THE TEACHING OF PASTOR MIREK HUFTON

1. SERMON RECAP

Pastor Mirek Hufton opened with Psalm 107:20 -- "He sent His Word and healed them and delivered them from their destructions" -- and built the case that healing flows directly through the hearing of God's Word. He walked the group through the Gospels to show that Jesus consistently taught first and healed second, demonstrating that the crowds who came "to hear and to be healed" (Luke 5:15) were experiencing a deliberate, connected sequence, not two separate events. He challenged us to take the hearing of the Word seriously as our primary weapon in any battle with sickness, rather than treating it as background noise to a busier spiritual life.

2. KEY SCRIPTURE

Psalm 107:20 (NKJV)

"He sent His word and healed them, and delivered them from their destructions."

3. ICE BREAKER

Give everyone a chance to answer before diving into deeper discussion.

> Think of a time when something you heard -- a song, a piece of advice, a single sentence -- genuinely changed how you felt physically or emotionally. What was it, and why do you think it had that effect on you?

4. DISCUSSION QUESTIONS

Question 1 -- Understanding the Connection

Pastor Mirek pointed out that in Luke 5:15 and Luke 6:17, the crowds came together "to hear and to be healed" -- not as two separate trips, but as one unified purpose.

> Why do you think we tend to separate "hearing the Word" and "receiving healing" in our minds? What

would change in the way we approach church, Bible study, or personal devotion if we genuinely believed the two were inseparable?

Question 2 -- Jesus as the Model

Pastor Mirek made the point that Jesus did not heal primarily because He was the Son of God operating in divine privilege, but because He was a human being anointed by the Holy Spirit -- which is exactly why John 14:12 applies to us today.

> Does it change anything for you personally to think of Jesus healing as a Spirit-anointed human rather than simply as God exercising divine power? How does that shift the way you see your own potential to pray for others or receive healing yourself?

Question 3 -- The Problem of Familiarity

In Mark 6, Jesus could do very few miracles in Nazareth -- not because His power had changed, but because the people's familiarity with Him bred doubt. Pastor Mirek connected this to what he called "the sin of familiarity" -- the way over-exposure to the Word without reverence can dull our ability to receive from it.

> Have you ever noticed yourself going through the motions with Scripture -- reading it without really expecting it to do anything? What does genuine, expectant hearing look like in practice, and what gets in the way of it?

Question 4 -- Faith, Hearing, and the Battle

Pastor Mirek described seasons in his own life of literally listening to healing messages through the night, going through healing scriptures on cards, and surrounding himself only with people who would build his faith rather than erode it.

> How intentional are you about what you feed your spirit when you are going through a hard season -- whether that is sickness, fear, grief, or doubt? What does your current "faith diet" look like, and is it working for you?

Question 5 -- Receiving vs. Waiting

He drew a sharp distinction between passively waiting for God to act and actively positioning yourself to receive through the Word. He referenced the woman with the issue of blood in Mark 5, who kept saying to herself, "If I can just touch the hem of His garment, I shall be healed" -- and then acted on it.

> What is the difference between patient, trusting faith and passive, disconnected waiting? Have you ever experienced a moment where you moved from one to the other? What shifted?

Question 6 -- Hebrews 13:8 as an Anchor

Pastor Mirek grounded everything in Hebrews 13:8 -- "Jesus Christ is the same yesterday, today, and forever." He argued that what Jesus did on the shores of Galilee is available right here, right now, through the same Word being taught today.

> What is the biggest internal obstacle -- doubt, past disappointment, theology, fear of looking foolish -- that keeps you from fully receiving that promise? How might the group help one another push through those barriers?

5. APPLICATION CHALLENGE

This week's specific action:

Choose one healing or faith-building scripture from this teaching -- such as Psalm 107:20, Luke 5:15, or Hebrews 13:8 -- and write it on a card, sticky note, or phone lock screen where you will see it at least three times every day. Each time you see it, pause for thirty seconds, read it aloud if possible, and simply say: "This is mine. I receive it." At your next group meeting, share what you noticed -- whether your thinking shifted, whether resistance came up, or whether something began to feel more real.

6. PRAYER POINTS

Encourage the group to pray specifically and by name where people are comfortable sharing.

- For those fighting sickness or physical struggle: Pray that the Word of God would drop from their mind into their spirit this week, bringing not just information but the living healing power described in Psalm 107:20.
 - For hungry, expectant hearing: Ask God to break off the spirit of familiarity -- the tendency to hear the Word without truly receiving it -- and to restore childlike, believing ears to every person in the group.
 - For boldness to pray for others: Pastor Mirek reminded us that Jesus said the works He did, we would do also (John 14:12). Pray for specific courage to lay hands on someone outside the group this week and believe for them, even imperfectly.
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7. MEMORY VERSE

Psalm 107:20 (NKJV)

"He sent His word and healed them,
and delivered them from their destructions."

Leader's Note: This topic can surface deep pain -- unanswered prayers, losses, disappointment with God. Hold space for that honestly. The goal of discussion is not to fix everyone's theology in one hour but to help

people take one step closer to genuine, expectant faith in the healing Word.