

Do You Believe in Divine Healing?

Small Group Discussion Guide

"Do You Believe in Divine Healing?" -- Pastor Mirek Hufton

1. SERMON RECAP

Pastor Mirek Hufton opened with a remarkable testimony from a congregation member who experienced healing from a painful two-year condition following a period of fasting and the laying on of hands. He challenged the group to understand that divine healing flows primarily through the planted and watered seed of God's Word, and that receiving healing requires intentional, even radical, focus on what Scripture declares. He emphasized that hearing the Word and speaking the Word work together as a powerful combination that releases God's healing power into the body.

2. KEY SCRIPTURE

Psalm 107:20 (NKJV)

"He sent His word and healed them, and delivered them from their destructions."

3. ICE BREAKER

What is one habit in your daily life that requires consistent, repeated effort before you see results, and what keeps you going when progress feels slow?

4. DISCUSSION QUESTIONS

1. Hearing and planting the Word

Pastor Mirek compared God's Word to a seed that carries potential but must be planted and watered through repeated hearing before it can produce results. What does it look like practically in your week to intentionally plant and water the Word around a specific need you are trusting God for? What tends to crowd that out?

2. Speaking what you believe

He drew a direct connection between Romans 10:9-10, where confession of the mouth is essential to

salvation, and the role of vocal declaration in receiving healing. Why do you think speaking the Word out loud feels unnatural or even awkward for many believers, and what might change if a person committed to declaring healing Scriptures over themselves daily?

3. Guarding your faith environment

Pastor Mirek warned that switching between different theological streams, or consuming content that contradicts the faith message, can quietly erode a person's confidence in God's promises. How do you currently guard what you listen to and read, and where do you sense you might need better boundaries around the voices you allow to shape your thinking?

4. Righteousness, holiness, and healing

He made the connection between walking in righteousness, dealing honestly with sin and unforgiveness, and creating an unobstructed channel for God's healing power. Without placing condemnation on anyone, how does the group understand the relationship between a person's inner life and their ability to receive from God? Where does grace fit into that conversation?

5. Endurance when nothing seems to be happening

Pastor Mirek referenced Hebrews 10:35-36 and shared from his own cancer battle, describing moments when symptoms returned and he had to fight back with the Word. What does healthy, faith-filled endurance look like, and how do we distinguish it from denial or from putting unhealthy pressure on ourselves or others who are sick?

6. The role of the local church in healing

He stated plainly that a person cannot fight major battles alone, and that the body of Christ carries power that individuals cannot access in isolation. How is your group currently functioning as a place where people can receive teaching, encouragement, and prayer around healing? What is one thing the group could do differently to strengthen that?

5. APPLICATION CHALLENGE

This week, each group member should select one healing Scripture from the sermon -- such as Psalm 107:20, 1 Peter 2:24, or Isaiah 53:4 -- write it on a card or sticky note, and place it somewhere they will see it every morning. Each day for seven days, they should read that verse aloud at least once, speaking it over themselves or someone they are believing God to heal. At the next group gathering, members are invited to briefly share what they noticed in their thinking, their faith, or their circumstances over the course of that week.

6. PRAYER POINTS

- Pray that each group member would develop a genuine hunger for the Word of God around healing, and that the Holy Spirit would make those Scriptures alive and real rather than merely familiar.

- Pray for anyone in the group or in their immediate circle who is currently facing a physical diagnosis, asking God to release His healing virtue and to give that person the strength to stand on His Word even when symptoms persist.
 - Pray for the development of the healing ministry at the church, that God would raise up teachers, intercessors, and volunteers who carry His compassion for the sick and who know how to encourage others without bringing condemnation.
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7. MEMORY VERSE

1 Peter 2:24 (NKJV)

"Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness -- by whose stripes you were healed."

This guide was prepared for small group use following the message "Do You Believe in Divine Healing?" Leader, remember that your role is to create space for honest conversation. Not every person in your group will be in the same place in their understanding of healing, and all questions deserve a respectful hearing.