

Breaking Free From the Power of Sin Forever

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SMALL GROUP DISCUSSION GUIDE

Based on the teaching by Pastor Mirek Hufton

1. SERMON RECAP

Pastor Mirek Hufton taught from Romans 6 that every believer's old sinful nature was crucified with Christ, meaning Christians have been given genuine spiritual power to rise above sin -- not just receive forgiveness after falling into it. He challenged the group to understand that a born-again spirit is dead to sin and alive to God, and that feeding the spirit through God's Word is the pathway to crushing sinful habits. He reminded the congregation that walking in spiritual maturity requires treating sin seriously, making no provision for the flesh, and keeping the mind fixed on what Scripture says rather than what emotions or circumstances dictate.

2. KEY SCRIPTURE

Romans 6:11-12 (NKJV)

"Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. Therefore do not let sin reign in your mortal body, that you should obey it in its lusts."

3. ICE BREAKER

What is one habit -- good or bad -- that you picked up simply because of the people you spent the most time with growing up?

4. DISCUSSION QUESTIONS

1. Understanding Our New Identity

Pastor Mirek described the born-again spirit as genuinely dead to sin and alive to God -- not just struggling to do better, but fundamentally changed. How does thinking of yourself as a new creation rather than simply a reformed sinner change the way you approach temptation day to day? Does that feel true in your experience, or does it feel more like a theological idea that hasn't quite landed yet?

2. Carnal vs. Spiritual Mindset

Drawing from 1 Corinthians 3, Pastor Mirek described a "carnal Christian" as someone who is body-ruled and emotion-led, while a spiritual Christian is one governed by the Word of God. Where do you think most believers, honestly, land on that spectrum most of the time? What makes it so easy to drift toward being emotion-led rather than Word-led?

3. The Role of the Mind

Pastor Mirek pointed to Romans 8:6 -- "to be carnally minded is death, but to be spiritually minded is life and peace" -- and emphasized that victory over sin begins with where we set our minds. What are the most common things competing for mental real estate in your average week? How intentional are you about redirecting your thoughts toward Scripture when temptation or negativity creeps in?

4. Making No Provision for the Flesh

He challenged the group with Romans 13:14 -- "make no provision for the flesh" -- and gave very practical examples: the atmospheres we enter, the content we consume, and the company we keep. Without getting into confession mode, what is one area of life where most people underestimate how much their environment shapes their spiritual health? What does "staying far from the door of temptation" actually look like in modern everyday life?

5. Fleeing vs. Fighting

Pastor Mirek used 1 Corinthians 6:18 -- "flee immorality" -- and told the story of Jack Hayford, who walked away from a situation at his workplace before it became a crisis. He noted that Hayford left not because he had already fallen, but because he recognized where things were heading. Why do you think it's so difficult for people to walk away before a situation becomes a problem, rather than after? What gets in the way of that kind of early, humble self-awareness?

6. Community and Accountability

Pastor Mirek closed by referencing Galatians 6 -- that when a brother or sister falls, we restore them with meekness, recognizing it could have been any one of us. What does a church community that genuinely helps people break free from sin actually look like in practice? What would need to change in most small groups for that kind of gracious accountability to feel safe enough to actually happen?

5. APPLICATION CHALLENGE

This week, identify one specific recurring temptation or sinful habit that you have been treating too lightly -- something you have been tolerating rather than actively resisting. Take one concrete step to remove provision for it: delete an app, change a routine, avoid a particular environment, or reach out to one trusted person and ask them to check in with you about it by next Sunday. Write it down privately, pray over it by name, and bring it under the authority of your new identity in Christ.

6. PRAYER POINTS

- Pray for renewed minds: Ask God to help each group member set their thoughts consistently on His Word

rather than on emotions, circumstances, or cultural pressure -- especially in the moments when temptation feels strongest.

- Pray for holy boldness to flee: Ask the Holy Spirit to sharpen each person's spiritual awareness so they recognize danger early -- and give them the courage to walk away without feeling the need to justify, explain, or push the boundary first.

- Pray for grace-filled community: Ask God to make this small group and this church a place where people feel genuinely safe to admit struggle, receive restoration without shame, and walk alongside one another toward real spiritual maturity.

7. MEMORY VERSE

Romans 6:14 (NKJV)

"For sin shall not have dominion over you, for you are not under law but under grace."

Leader's Tip: If the conversation stalls on Question 4 or 5, invite the group to think about someone they respect spiritually -- what boundaries or habits have they noticed in that person's life? Sometimes it's easier to observe wisdom in others before we can name it in ourselves.