

Power Over Sin

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SMALL GROUP DISCUSSION GUIDE

World Harvest Church | Pastor Mirek Hufton

1. SERMON RECAP

Pastor Mirek Hufton opened Romans 6 to challenge the congregation with a bold truth: every believer has been made dead to sin and alive to God through their new birth in Christ. He pushed back against the idea that Christians are helplessly divided between two natures, insisting instead that the born-again spirit is genuinely dead to sin -- and that living in victory is a real, achievable reality, not merely a spiritual ideal. He challenged the group to act quickly against temptation, flee compromising situations, and feed their spirit deliberately so that the voice of the flesh grows weaker over time.

2. KEY SCRIPTURE

Romans 6:11-12 (NKJV)

"Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. Therefore do not let sin reign in your mortal body, that you should obey its lusts."

3. ICE BREAKER

If you had to describe your spiritual life as a type of workout routine right now -- a warm-up stretch, a full sprint, a cool-down, or a rest day on the couch -- which would it be, and why?

4. DISCUSSION QUESTIONS

1. Reckoning vs. Pretending

Pastor Mirek drew a sharp distinction between pretending you are dead to sin and reckoning it as a genuine spiritual reality. What is the difference in your daily life between those two approaches? Why does it matter which one you start from?

2. The Old Man is Dead

He challenged the idea that believers are caught in an endless tug-of-war between an "old man" and a "new

man." What would change in how you talk about your struggles -- and how you respond to temptation -- if you fully accepted that the old man is actually dead and buried?

3. The Process of Temptation (James 1:13-15)

Pastor Mirek walked through the progression: drawn away enticed desire conceives sin is born death. Where in that chain is it easiest for you personally to break the cycle? Where is it hardest? What makes the difference?

4. What You Feed Grows

He made the point that whatever you feed -- your spirit or your flesh -- will grow stronger and demand more. What are one or two things in your current routine that are quietly feeding the flesh more than you have acknowledged? What is one thing that consistently feeds your spirit?

5. Flee, Don't Negotiate

Referencing 1 Corinthians 6:18 and 2 Timothy 2:22, Pastor Mirek was direct: when it comes to certain temptations, the biblical command is to run, not to reason your way through. Can you think of a situation -- past or present -- where you tried to negotiate with a temptation instead of fleeing it? What was the outcome? What would fleeing have looked like practically?

6. Purity and Power

Pastor Mirek made the statement: "Purity is power." He connected a holy life directly to greater anointing, peace, faith, and spiritual sensitivity. Do you believe that connection is real in your own experience? Have you seen it proved -- either by its presence or by its absence?

5. APPLICATION CHALLENGE

This week, identify one specific area where temptation tends to follow a predictable pattern in your life -- a certain time of day, a screen habit, a relationship dynamic, or an emotional trigger. Write it down privately. Then build one concrete barrier around it before the week is out: delete an app, change a routine, ask a trusted friend to check in with you, or set a specific time to replace that habit with prayer or Scripture. Come ready next week to share what barrier you put in place -- not necessarily the details of the struggle, but what action you took.

6. PRAYER POINTS

- Pray for a genuine revelation that each person in the group truly is dead to sin and alive to God -- not as a theological concept, but as a lived reality that shapes daily choices.
- Pray for courage to act quickly when temptation comes -- that the group would develop the spiritual reflexes to speak the Word, reject condemnation, and flee compromising situations before the process of temptation can take root.
- Pray for the local church and the broader Body of Christ to rise in a new season of purity and power -- that

the anointing, prophetic gifts, and presence of God would flow freely through lives that are being cleansed and surrendered to Him.

7. MEMORY VERSE

Hebrews 1:8b (NKJV)

"You have loved righteousness and hated lawlessness; therefore God, Your God, has anointed You with the oil of gladness more than Your companions."

Leader's Tip: This is a personal topic. Create a safe environment by sharing vulnerably yourself before asking others to open up. Remind the group that the goal of tonight's conversation is not guilt -- it is freedom. Pastor Mirek's whole message was that victory is available and real. Keep the tone there.