

Established in Truth: Grace for The Journey

DAY:

Monday

TITLE:

Grace Is Already Waiting for You

KEY VERSE:

2 Corinthians 9:8 -- "And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work."

REFLECTION:

I want to talk to you about something that stirred me up this week -- grace. Not just as a theological word, but as a living, breathing reality available to you right now. Grace is God's empowerment. It's His ability flowing into your inability. I've learned in my own life that when I'm stretched to the edge, when I feel like I'm on a line, that's exactly when I need to stop straining and start asking. Ask for the grace. Ask for it specifically. Ask for it boldly. God doesn't want you white-knuckling your way through your calling, your marriage, your job, your finances. He has already made abundant grace available. The question isn't whether it exists -- it's whether you're reaching out and receiving it today.

PRAYER:

Father, I admit I've been straining when I should have been asking. Right now I open my hands and my heart to receive Your grace for everything I'm facing today. Thank You that it's already there, waiting for me.

DAILY ACTION:

Write down your biggest challenge today and speak this out loud over it: "There is grace available for this, and I receive it now in Jesus' name."

DAY:

Tuesday

TITLE:

Flow, Don't Force

KEY VERSE:

Zechariah 4:6 -- "Not by might nor by power, but by my Spirit, says the Lord Almighty."

REFLECTION:

I absolutely love what I do. Pastoring brings me genuine joy. But I'll be honest with you -- there are moments where I have to deliberately tap into grace. And when I do, something shifts. There's a flow that comes. An ease. A joy that wasn't there before. I've noticed that when I'm forcing something in my own strength, it feels exactly like that -- forced. But when grace comes on, it's like a current carrying you forward rather than you swimming upstream. If everything in your life feels like a constant strain with no relief, I want you to pause and ask yourself -- am I in the right lane? God's grace is always present where His calling is. When you're walking in your assignment, the grace will confirm it. Stop forcing. Start flowing.

PRAYER:

Holy Spirit, I don't want to keep pushing in my own strength. Show me where I've been straining and help me surrender that to You today. Let Your flow replace my force.

DAILY ACTION:

Identify one area where you've been straining rather than trusting. Spend five minutes in quiet prayer, releasing that specific thing to God.

DAY:

Wednesday

TITLE:

Show Up -- Your Presence Carries Grace

KEY VERSE:

Proverbs 16:15 -- "When a king's face brightens, it means life; his favor is like a rain cloud in spring."

REFLECTION:

We live in a world of emails and phone calls and texts. And listen, I use all of those things. But I want to remind you of something I've learned the hard way -- your physical presence carries something that a message simply cannot. When you show up, grace shows up with you. I think about that grey car park downtown. Nine months. An unfriendly lady in charge. I kept finding reasons to go back. And every time I went back, God gave me favor. It didn't happen in one visit. But the grace kept building. Now I can pick up the phone and get that lot any time I need it. Favor was built through consistent, grace-filled presence. Don't underestimate what happens when you walk into a room with God's grace on you. Your presence is a tool. Use it.

PRAYER:

Lord, remind me that wherever I go, Your grace goes with me. Give me courage to show up in person when I'd rather hide behind a screen, and let Your favor be evident on my face and my words.

DAILY ACTION:

Make one in-person visit or phone call today that you've been putting off -- to a colleague, neighbour, or someone you've been meaning to encourage.

DAY:

Thursday

TITLE:

Make a Demand on Grace

KEY VERSE:

Hebrews 4:16 -- "Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need."

REFLECTION:

I love this verse because it tells you exactly what to do -- approach with confidence. Not timidity. Not hoping God might spare a little grace your way. Confidence. The writer says come boldly to the throne. Come and

make a demand on what's available. In prayer this week I encouraged our people to pick their biggest need and receive grace for it -- no stress, no worry, no anxiety. Because grace covers relational needs, financial needs, physical needs, social needs. Every single category of your life. I don't want you receiving the grace of God in vain -- letting it sit unclaimed because you didn't ask specifically enough. Get specific with God. Tell Him exactly what you need. Name the challenge. Name the relationship. Name the number. He's not overwhelmed by the details. He's waiting for your confidence.

PRAYER:

Father, I come boldly to Your throne today. I name my need specifically before You right now, and I receive grace -- Your empowerment -- to meet it fully. I will not receive Your grace in vain.

DAILY ACTION:

Write a specific, detailed prayer request -- not vague, but precise. Bring it before God with confidence and leave it at His throne today.

DAY:

Friday

TITLE:

Grace Spoken Is Grace Released

KEY VERSE:

Romans 10:17 -- "Consequently, faith comes from hearing the message, and the message is heard through the word about Christ."

REFLECTION:

I spoke grace over people this week. I spoke it over futures, over families, over young people finding their calling, over marriages, over finances, over healing. And I want you to understand -- speaking grace isn't just motivational language. It's releasing something real. Faith comes by hearing. When you declare the grace of God over your own life and over the people around you, something moves in the spiritual realm. Don't keep grace a private, silent thought. Speak it. Speak grace over your children before they walk out the door. Speak grace over your work before you start your day. Speak grace over your marriage at the dinner table. You carry God's empowerment everywhere you go, and your words are one of the primary ways it gets released. Open your mouth. Hallelujah -- let grace flow.

PRAYER:

Father, train my mouth to speak grace rather than doubt, and faith rather than fear. Let the words I release today carry Your power into every situation and every person I encounter.

DAILY ACTION:

Speak grace out loud over three people in your life today -- say their name, and declare a specific blessing of God's grace and empowerment over them.